

## CHICKEN EGG STUDY

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### DISCUSSION QUESTIONS

1. Who or what was your model of how a man behaves in life, towards his family and achieves success? What characteristics did you observe that may have had a negative impact on your life?
2. What sources did you turn to in order to learn how men behave? Did you find the model for manhood in TV, sports, porn?
3. Have you been able to gain traction in your own life and move forward with life goals? Or are you still spinning your wheels trying to find the model of manhood?
4. Does the world owe you a chance at success? Is getting a participation trophy ok, meaning that you really don't have the intrinsic motivation to create success?
5. When you think about your life and look inward, is there a part of you that is still wounded or damaged? Does this part of the real you keep you from trying, moving forward, or attaining? What mountain do you keep circling, wondering "why does this keep happening to me?"