

# PILLAR 1

## BECOMING A LEGACY MINDED MAN THROUGH PRAYER



To be a Christian without prayer is no more possible than to be alive without breathing.

**- Martin Luther**

You want something but don't get it. You kill and covet, but you cannot have what you want, You quarrel and fight. You do not have, because you do not ask God.

**James 4:2**

**PRAYER** is the foundation of a Legacy Minded Man. It is talking to God to build our relationship with Him. Prayer invites God into our lives and personal situations. It is the foundational habit that sets the tone for the rest of the 7 Pillars of a Legacy Minded Man. Like good nutrition to the athlete, prayer is fuel that will build and sustain our faith over time.

# 1 LEGACY MINDED MEN CHOOSE PRAYER

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1.1 In life, there are certain prerequisites and mandatory steps needed to be successful.

1.2 An athlete must run sprints to build endurance, a carpenter must be skilled at using a saw and a Legacy Minded Man must have a strong prayer life.

1.3 In life, we have 2 choices, we can either overcome problems and achieve great things through our own strength, or invite God into our situation by praying.

1.4 We must see prayer as actively attacking life's problems and challenges.

1.5 We must decide if prayer is our go-to play or just an occasional after thought.

1.6 Prayer is inviting God to bring His strength into our situation.

## EXERCISE

What are 3 areas in your life that you would like to see God change through prayer?

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

## 2 GRACE AND POWER THROUGH HUMILITY

2.1 Men like to be in charge and fix things, prayer is admitting that there are areas in our lives where we need help.

2.2 God doesn't force Himself on people, so if you don't want Him to help, He will let you do things in your own strength and wisdom.

*But he gives us more grace. That is why Scripture says:  
"God resists the proud, but gives grace to the humble." James 4:6 NKJV*

2.3 Grace can be broken into 2 major pieces:

- 1) *Forgiveness of our sins and past mistakes even when we don't deserve it.*
- 2) *God's empowering strength to be and do what He created us to do and be.*

2.4 People often look at humility as weakness but the reality is that it takes great inner strength to admit that we need help.

### PAUSE

In order to live in God's power and purpose, we can pray consistently by establishing a **DAILY QUIET TIME**. For a Daily Quiet Time, what is your:

BEST TIME: \_\_\_\_\_

BEST PLACE: \_\_\_\_\_

# 3 KILL IT AND GRILL IT

3.1 Men are wired for action!

3.2 Our actions are either led by our own flesh or led by God.

3.3 Real prayer is not passive – it is looking for life’s biggest challenges and attacking them!

3.4 Prayer in tough times is more like a bare knuckle brawl than a passive activity.

3.5 Prayer is where personal victory and the impossible are achieved.

## NOTES

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# 4 BE ALL YOU WERE CREATED TO BE

4.1 Satisfaction can only come from living out our God ordained purpose.

4.2 If your life is not exciting or fulfilling, you are living below your life purpose.

4.3 Men turn to many things to medicate their pain, experience pleasure or even establish self-worth.

4.4 Pain is a driver! Will you let your pain drive you to God or away from God?

4.5 When we come to the end of ourselves, we will often find ourselves at the beginning of God.

## PAUSE

What areas of your life are you dissatisfied with:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

# 5 LEARNING TO PRAY

5.1 Many men don't pray because they don't know where to start!

5.2 Prayer, like many other things, must be learned.

5.3 How long did it take you to learn football plays or defenses? Math? How to type?

5.4 Praying is simply talking to God - you can do this throughout your day.

5.5 One of the best ways to pray is to turn scriptures into prayer.

## EXERCISE

**Scripture:** *I can do all things through Christ who strengthens me. Phil. 4:13 NKJV*

**Prayer:** Lord, I pray that you give me the strength to:

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**Scripture:** *If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. James 1:5*

**Prayer:** Lord, I need your guidance, please give me the wisdom to deal with:

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**Scripture:** *For those who are led by the Spirit of God are the children of God. Rom. 8:14*

**Prayer:** Lord, I don't know what to do, I ask you to lead me: (list the situation)

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## 6 PRAYER AS A RELATIONSHIP

6.1 Communication is needed for the relationship to be healthy.

6.2 Honesty and transparency with God helps your prayers.

6.3 Being committed to prayer shows that we are serious about our relationship with Jesus.

## 7 LEGACY MINDED MEN ARE MEN OF PRAYER

7.1 Legacy Minded Men don't stay stuck in discouragement – they turn their problems into prayers.

7.2 Prayer is actually hard work and weaker men shy away from it.

7.3 Just like getting physically fit, becoming a man of prayer is a process.

7.4 Like a runner eats plates of pasta before a race, prayer fuels men to win in life.

7.5 Establishing the Pillar of Prayer, means inviting God into your situations.

# NOTES |

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# THOUGHTSSCRIPTUREDISCUSSION

## ADDITIONAL STUDY VERSES

- 1 Chronicles 4:10
- 2 Chronicles 7:14
- Psalm 141:1
- Jeremiah 29:11-13; 33:3
- Daniel 9:3
- Matthew 5:44; 6:5-9
- Mark 11:24
- Luke 11:1
- John 14:14; 15:7; 16:24
- Romans 8:26
- Philippians 4:6
- Colossians 4:2-3
- 1 Thessalonians 5:16-18
- James 4:2-3, 6; 5:16
- 1 John 5:14
- Revelation 5:8

## PILLAR BUILDERS

- 1) Be ready to pray at all times.
- 2) Have a list of prayer items.
- 3) Constantly thank God for what He is doing in your life.
- 4) Set a deliberate time for prayer each day.
- 5) Establish times of prayer that include fasting throughout the year.
- 6) Learn to turn scriptures into prayer.

### 1. Prayer and accountability can speed our growth and life victories!

"Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven. 20 For where two or three gather in my name, there am I with them." Matthew 18:19-20

List 2-3 people that you can pray with on a regular basis:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

### 2. Lack of time is often a reason given for not praying. What are three time consuming activities that you could either reduce or eliminate to dedicate to prayer time?

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

### 3. After talking and thinking about prayer, what are the three most important things that you need to pray about on a regular basis?

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_