

PURPOSE

The reality is that the average Joe struggles to know if he is living out his life's purpose. There are some general purposes that we all have and then there is a God-ordained purpose which is specific to each person.

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WHY IS UNDERSTANDING OUR PURPOSE IMPORTANT?

"For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11

- 1.1 | Understanding our purpose allows us to set a clear focus and direction to our efforts and work.
- 1.2 | Purpose is greater than obstacles, disappointments and failures.
- 1.3 | Having a life purpose keeps us moving, it means that every experience is temporary so we don't let either good or bad experiences act as a finish line in life.
- 1.4 | Life purpose keeps life exciting because a new chapter is being written.
- 1.5 | Life purpose is not dependent on time, location or current experience level.

+ EXERCISE

Write out a	brief	summary	of w	hat you	teel	descri	bes	your	lite _l	ourpo	ose:

2 GENERAL PURPOSE

- 2.1 | Knowing and loving God. (Matthew 22:37-39) "Man's chief end is to glorify God, and to enjoy Him forever."
- 2.2 | Sharing God's plan and purpose with others. (Matthew 28:19-20)
- 2.3 | Living a pure life. (1 Thessalonians 4:3-8)

EXERCISE

What are people?	some other a	areas of ger	neral purpos	se that God h	as for all

INDIVIDUAL SPECIFIC PURPOSE

For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them. **Ephesians 2:10**

- 3.1 | For some people they can say, "I was born to do this" for others, it's not so clear.
- 3.2 | A Legacy Minded Man, seeks out his specific purpose, looking for the reasons that God put him here on earth at this time in history.
- 3.3 | Once discovered, a Legacy Minded Man spends his life fulfilling that purpose.

"Before I formed you in the womb I knew you; Before you were born I sanctified you; I ordained you a prophet to the nations." Jeremiah 1:5

- 3.4 | As an engineer designs something with a specific purpose, so God designed you.
- 3.5 | When it comes to discovering our purpose, we can either go to Him and ask Him to lead us or just try to figure it out on our own.
- 3.6 | God has given us certain strengths to achieve our purpose.
- 3.7 | By focusing our life on our strengths, we will be less limited by areas of weakness.
- 3.8 | One of the reasons many men experience mid-life crisis is because they have not given their best efforts and energies to their life purpose.

EXERCISE

4 HOW CAN I KNOW MY SPECIFIC PURPOSE?

- 4.1 | Ask God to lead and show you your purpose.
- 4.2 | What am I passionate about?
 - What problems do you solve and do people ask you to help with?
 - What keeps you up at night and wakes you up in the morning?
- 4.3 | What am I good at?
- 4.4 | What do others say I'm good at?

+ PAUSE

What areas of my life do I need to look into or take more serious?

5 RESPONDING TO FAILURE AND DISAPPOINTMENT

"Success is not final, failure is not fatal: it is the courage to continue that counts."

Winston Churchill

- 5.1 | Life purpose is bigger than a specific goal and achievement.
- 5.2 | Rejection or failure can be looked at as one step along the journey to our purpose.
- 5.3 | In life, we must choose a plan for our actions which may fail at times.
- 5.4 | In life, it may take a failure or a door slamming in our face to cause us to dig deeper or take a different path to get to our destination.

What areas of my thinking are wrong or damaged by my life experience and need to be renewed?

6 UNFORGIVENESS CAN HINDER YOUR PURPOSE

6.1 | When you hold onto something that hurt you, it can hold you back from moving forward.

Forgiveness is letting go of other people's brokenness. - Jack Redmond

What Forgiveness is Not:

1) Saying what someone did was ok.

- 2) Reconciliation/restoration because this is a totally different process that requires the offender to change/repent due to sorrow of their wrongful and hurtful action
- 3) Allowing someone to repeat hurtful words and/or actions.
- 6.2 | Forgiveness means making a purposeful decision to not embrace the pain caused by people who may or may not care about what they did.

JUST A THOUGHT

The graveyard is the richest place on earth, because it is here that you will find all the hopes and dreams that were never fulfilled, the books that were never written, the songs that were never sung, the inventions that were never shared, the cures that were never discovered, all because someone was too afraid to take the first step, keep with their problem, or determined to carry out their dream. - Les Brown

THOUGHTSSCRIPTUREDISCUSSION

ADDITIONAL STUDY VERSES

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- Exodus 31:3-6; 35:10, 35
- Esther 4:14
- Proverbs 19:21; 20:5
- Jeremiah 1:3; 29:11
- Luke 12:48
- John 18:37
- Acts 6:2
- Romans 1:1; 8:28; 12:6

- 1 Corinthians 7:24; 9:16
- Ephesians 2:10; 4:1
- Philippians 1:6, 12; 3:12
- 2 Timothy 1:9
- Hebrews 12:1
- James 4:17
- 1 Peter 4:10

PILLAR BUILDER

Write out some specific goals that can help you grow in your purpose.

Before I die I will: 1)	
2)	
3)	
In ten years, I will: 1)	
2)	
3)	
In five years, I will: 1)	
2)	
2)	

In one year, I will: 1)
2)
3)
Within the next 30 days, who will you ask to coach you to achieve a specific goal?
NOTES